

UNIVERSITY OF THESSALY
DEPARTMENT OF PHYSICAL EDUCATION AND SPORT SCIENCE
MSc “PSYCHOLOGY OF PHYSICAL EDUCATION AND SPORT”

INFORMATION ABOUT THE MODULE

- 1. MODULE TITLE:** Seminar in research proposal and thesis preparation
- 2. LECTURERS:** Nikolaos Digelidis, Associate Professor, e-mail: nikdig@pe.uth.gr,
Marios Goudas, Professor, e-mail: mgoudas@pe.uth.gr,
- 3. OTHER LECTURERS:** -
- 4. TEACHING MODE:** Workshops and seminars - Six 2 hour class meetings
- 5. MODULE ID:** Module of the 2nd semester

Module keywords: research proposal development, master thesis preparation

6. AIM OF THE MODULE:

Students will work and focus on forming a research proposal preparation (literature research methods, finding topic strategies, delimitations etc.). Furthermore, they will work towards developing their personal approach to completing their thesis. The main objective of this module is to provide guidance for students concerning the planning, conduct and defense of the master's thesis.

7. LEARNING OUTCOMES:

Knowledge and understanding

On completion of this module, students will be able to:

- Demonstrate knowledge in a particular topic.
- Demonstrate understanding of the basic theories and/or principles related to the chosen topic.

Skills and abilities

On completion of this module, students will be able to:

- Develop the ability to locate and synthesize theoretical and empirical knowledge about a research question.
- Develop their ability to formulate an appropriate method for investigation.

Judgment and approach

On completion of this module, students will be able to:

- Reflect on appropriate research methods and procedures.
- Reflect and comply with appropriate ethical rules in conducting research.

8. TEACHING METHOD:

Short presentations, application of techniques, exercises, discussions. A group of experts will be actively involved in this course. Students will be grouped according to their interests.

9. TIMETABLE & PLANNING:

Seminar	Topic	Presentation team
1	Introduction into research proposal preparation and thesis procedures	Nikolaos Digelidis
2	Choosing supervisor writing Overcoming obstacles during thesis	Marios Goudas
3	Students' presentations, feedback and discussion in small groups and/or individually	Nikolaos Digelidis
4	Students' presentations, feedback and discussion in small groups and/or individually	Nikolaos Digelidis
5	Students' presentations, feedback and discussion in small groups and/or individually	Marios Goudas
6	Students' presentations, feedback and discussion in small groups and/or individually	Nikolaos Digelidis

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10. STUDENT EVALUATION:

- Research proposal abstract (pass – fail)
- Short presentation (pass – fail)

Short presentation

Students will prepare a short presentation (5 minutes) on their research proposal (one topic per student). This should include a brief description of their literature review and the proposed methodology.

Research proposal abstract

During this module each student will prepare a one-page research proposal abstract based on his/her interests.

11. SUGGESTED MATERIAL

Jerry R. Thomas, Jack K. Nelson, Stephen J. Silverman (2005). Research methods in physical activity. Champaign, Ill.: Human Kinetics.

John J. Shaughnessy, Eugene B. Zechmeister, Jeanne S. Zechmeister (2009). Research methods in psychology. Boston: McGraw-Hill Higher Education.

Kris E. Berg, Richard W. Latin (2008). Essentials of research methods in health, physical education, exercise science, and recreation. Baltimore: Lippincott Williams & Wilkins.